



Alpha Omega Epsilon

Upsilon Chapter,
University of Maryland

FREIDNSHIP, LEADERSHIP, PROFESSIONALISM

WWW.AOEUPSILON.WEBLY.COM

From the President by Rana Shams

To my beautiful sisters,

Cheers to the end of another great semester! I cannot believe that I am halfway through my term as president and through my (super) senior year. This semester showed me all the behind the scene action that goes into making this sorority so great! By uniting females in STEM majors, we have built a network to help each other grow and excel. I am honored to serve such an extraordinary group of female engineers!

The Upsilon Chapter will soon celebrate its 10th anniversary, but we still are growing and creating new traditions. This semester, kicking off our special year, was full of surprises and fun. Despite Hurricane Joaquin's attempt at ruining our annual visit to Butler's Orchard, we managed to reschedule our spooky hayride and bond with sisters with s'mores around a toasty hayride.

As always, we had a lot of different professional events to help our sisters learn more about the professional world as well as potential employers. We had our first ever *What Not to Share* event where we discussed the benefits and dangers of social media to

our careers. A number of different companies came and spoke about possible positions within their organizations. We are so grateful to have all of the wonderful connections within our community. We even had a special treat of seeing our former president and current alumna advisor, Nina Paraloglou, at an Accenture case study.

Speaking of alumna, the annual Alumna Tailgate was a great hit with lots of familiar faces coming back to say hi. It was great to see and reconnect with some of our amazing alumna. During this event, we were in close proximity to our Sigma Phi Delta, which allowed sisters to meet and socialize with our brother fraternity in a relaxed setting.

In order to better our community and ourselves, our chapter held a number of different philanthropic events. We spent a day volunteering at A Wider Circle where we helped put away and organize donated toys. We also designed some lovely cards and tie-dyed t-shirts to donate to the children at Children's National Health Center in D.C. Throughout this semester, we began getting ready for Relay for Life and TerpThon coming up this spring.

Since we do not have recruitment in the fall, we spent this semester preparing for the little dolphins to come next semester. We planned a number of recruitment interest events, including an ice cream social with our chapter board. All of us are so excited for recruitment next semester and hope to invite another amazing group of girls to join the Upsilon Chapter.

I guess time really does fly when you're having fun!

In Sisterhood,

Rana Shams

In This Issue

- From The President.....1
- Sisters Enjoy the Annual Hayride.....2
- Tie Dying For The Kids.....2
- Return of the Alumnae: Tailgate Edition...3
- Fundraising this Fall.....3
- Fun Interest Events.....4
- Thankful for Sisterhood.....4
- Getting Away for the Day.....5
- A Fresh Look at Consulting.....6
- Dated at Cornerstone.....6
- Meet the GEEKS.....6
- Meet the Upsilon Board.....7

Sisters Enjoy the Annual Hayride! by Jillian Holt



Sisters gathering for a group picture around the bonfire

Butler's Orchard in Germantown, Maryland hosted our chapter this semester for a fun nighttime hayride and bonfire! Despite a forced rescheduling due to Hurricane Joaquin, a large number of sisters had an evening of picture taking, s'mores making, and bonding. The hayride was a 40-minute cruise through the fields and forests of the farm, and delicious, fresh apples were provided by Butler's for everyone to snack on before dessert. Immediately following the relaxing ride, a huge bonfire was burning. It kept sisters warm in the chilly weather and was perfect for toasting marshmallows. Everyone had a wonderful time under the stars!

Tie Dying For The Kids by Monique Dalton

Our tie dying event this semester was a great way to meet girls interested in joining our chapter and to give back to the community. Over 20 sisters took part in decorating white shirts to donate to Children's National Health Center. While getting to know some potential candidates, we were able to create 37 shirts to deliver to Miracle Children, as the children in the hospital are often called. It was a beautiful day to make new friends and dye shirts that will make a child smile and more importantly, remind the children that they are never alone.



Sisters and potential candidates tie-dying shirts to donate



Getting to know potential candidates before tie-dying

Return of the Alumnae: Tailgate Edition by Sam O'Donnell

Every fall, the Upsilon chapter invites back our alumnae to catch up with sisters and tailgate before a Maryland football game. This year, we held the tailgate before the Homecoming game against Wisconsin, so roughly 20 alumnae were able to attend. In addition, over 40 sisters came out, making it our largest tailgate yet! We were excited to see so many sisters braving the rainy weather which persisted throughout the day.

Thank you to Pepsi Co. for funding our event and a generous alumna for lending us her grill so that we could have burgers and hot dogs. Many sisters and alumnae brought other delicious tailgate foods, such as chips and dip, donut kebabs, and desserts.

In addition to catching up with our alumnae, we also had the chance to socialize with members of our brother fraternity, Sigma Phi Delta, who were hosting their first alumni tailgate nearby. They were kind enough to share their tent space with us to help keep sisters as dry as possible. Overall, this year's tailgate was a huge success, and we cannot wait to do it again next year!



Despite the rain, sisters and alumnae had a wonderful time!

Fundraising this Fall by Nicole Sabatelli

Fundraising was extremely successful this semester! At first we were worried about raising money since we can no longer allowed to sell our famous grilled cheese, but instead we sold Maryland engineering shirts from previous years and made a huge profit. Our semester began with the University of Maryland Career Fair where sisters volunteered to help out in order to raise money for our chapter while networking with various employers! This fall, we also hosted four restaurant fundraisers at Blaze Pizza, Panda Express, D.P. Dough, and Jason's Deli where sisters and friends ate while a portion of sales went right to our chapter! Our most successful fundraiser was at Blaze Pizza because it was at the beginning of the semester and everyone was craving delicious pizza after a long summer break. This was a great time for sisters to hang out and grab some yummy food during a stressful week. We cannot wait for more fundraising opportunities in the spring semester!

Fun Interest Events by Emily Rowe

This semester we had several interest events for potential candidates to get a taste of A.O.E. before formally becoming candidates in the spring. It was very exciting to meet many great girls at our



Sister talk to potential candidates about A.O.E. while enjoying cupcakes

semiannual Cupcake Information Sessions where we shared what A.O.E. is about and ate cupcakes baked by some of the sisters. Soon after, the girls came to our Tie Dye for Charity event where we made 37 shirts which were donated to Children's National Medical Center. We hosted many of the girls for an ice cream social to get to know the executive board more personally. We made delicious sundaes, did some icebreakers, and played games for over two hours. We look forward to seeing these girls again next semester and cannot wait to see what they will bring to A.O.E.!



Our fearless president prepares to enjoy a cupcake while talking to potential candidates about why she joined our chapter

Thankful for Sisterhood by Monique Dalton

A.O.E. Thanksgiving was filled with family bonding and great food. Each family prepared a couple of items for the dinner which included turkey, macaroni and cheese, mashed potatoes, stuffing, sweet potatoes, pies, and so much more. Preparing the food helped foster a time for relaxed, stress-free conversations, which were much needed in the busy lives of engineers. To top it off, the food was delicious! There were so many things to be thankful for this semester, and one of them most definitely was having these wonderful sisters around as support and inspiration.



Sisters enjoying a break from the stress of engineering to be thankful for all that they have



Some of the delicious food that sisters prepared for our Thanksgiving meal

Getting Away for the Day by Shoshie Bloom

We had a wonderful time at our annual sisterhood retreat this semester! In the spring, we use this retreat to celebrate the candidates and their upcoming induction into our chapter, but since we do not have candidates in the fall, this retreat is all about getting to know the sisters better and taking a break from the stress of engineering. We were lucky with the weather this year, with rain coming the night before so we able to spend the day outside! Throughout the day, we hung out, played games, took pictures, and continued chapter traditions.



Sisters showing off their dolphin pride



Sisters having fun with changing up their looks

This sisterhood retreat was a great way to celebrate the amazing semester we had. We are excited for our retreat next semester and to welcome the next candidate class to our chapter!



The lovely sisters of the Upsilon Chapter gather for a group picture

A Fresh Look at Consulting by Emily Ruppel

The chapter kicked off its first of many professional development sessions hosted by company representatives with a panel discussion led by women in IBM's public sector consulting division. Each woman introduced herself and briefly told the story of her career in consulting. The panelists' experience levels ranged from several months on the job to 20 years in consulting, thus providing a variety of experience perspectives. As sisters began to ask questions about how the panelists had chosen careers in consulting, a common thread

began to emerge – all of the women before us were searching for stimulating work assignments that would allow them to engage in innovative problem solving. Some took part in writing the code for programs that would meet their customers' needs, others worked directly with clients to ascertain their needs and brainstorm possible solutions. Sisters who had not previously considered careers in consulting reported that the panel introduced them to a whole new sector of job possibilities.

A.O.E. takes over Cornerstone by Jillian Holt



Sisters taking a break from dancing to take a picture

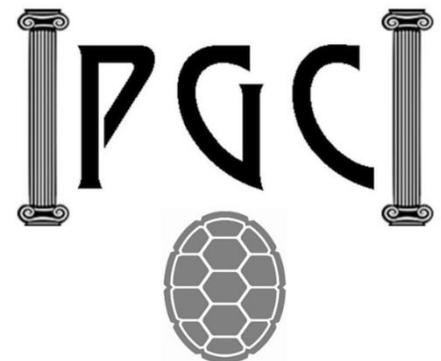
In the beginning of December, A.O.E. made the short trip to Cornerstone Grill and Loft on Route 1 for our annual Dated event. It is a celebration of the great semester for the chapter as well as a way to escape from school work (if only briefly!). Another special aspect of this event is the announcement of the winners of sister superlatives. These superlatives are voted on each sisterhood retreat, and this semester categories included "Most Likely to Order Pizza Using the Pizza Emoji" and "Best to be Stuck on a Desert Island With." Sisters and their dates danced to music and ate great food! It was such a fun event to end the semester.



The board celebrates a great semester while at Dated

Calling all GEEKS by Emily Ruppel

This semester our chapter continued its participation in the Professional Greek Council (PGC) as PGC rolled out several new events aimed at bringing together the University of Maryland's professional fraternities and sororities. Our chapter's representative, Rachel Flanagan, worked to publicize the PGC "Meet the Geeks" event by creating a sticker design to spread awareness about the Professional Greek Council and its member organizations. Her hard work and dedications were rewarded at the end of the semester when she was elected as the council's Public Relations chair for the spring semester. Congratulations Rachel!



Professional Greek Council

2015 – 2016 Full Board

Meet the Upsilon Board

President

Rana Shams
Senior, Civil Engineering
upsilonpres@gmail.com



Rana Shams

Vice President

Samantha O'Donnell
Senior, Civil Engineering
upsilonvicepres@gmail.com



Samantha O'Donnell



Shoshana Bloom

Secretary

Shoshana Bloom
Senior, Bioengineering
upsilonsec@gmail.com

Treasurer

Nicole Sabatelli
Junior, Bioengineering
upsilontreas@gmail.com



Nicole Sabatelli



Emily Rowe



Emily Ruppel

Professional Committee Chair

Emily Ruppel
Senior, Electrical Engineering
upsilonprofhead@gmail.com

Sisterhood Committee Chair

Jillian Holt
Junior, Bioengineering
upsilonsishead@gmail.com



Jillian Holt



Monique Dalton

Historian

Monique Dalton
Senior, Electrical Engineering
upsilonhist@gmail.com

Visit our website at

www.aoeupsilon.weebly.com

Follow us on Twitter and Instagram!

@a_o_e_upsilon